

Alkalize Bio Energy Patch



This Alkalize Bio Energy Patch provides essential bio-frequencies that help to stabilize negative ions in the body. The Alkalize Patch quickly adapts to activate the bodies' innate cellular communication system and support an alkaline response. It's essential to balance your pH consistently. Recent studies show that too much acid can wreck your enzyme balance. That means vitamins, minerals and nutrients are not being absorbed properly. This patch provides essential bio-frequencies that help to stabilize negative ions in the body. The Alkalize Patch quickly adapts to activate the bodies' innate cellular communication system and support an alkaline response.

Application: Using the Alkalize patch helps your body fight over acidity and balance your pH effectively.

Tips: Acidity has been linked to pain, excess weight and many other health issues. Fortunately, making your body more alkaline (the opposite of acidic) is the key. The Alkalize patch helps to stabilize negative ions in the body.

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The **Alkalize** patch helps the human body to maintain a slightly alkaline PH of 7.35 balance, but poor diet and stress can change the PH to an acidic one, in which disease can thrive. The body maintains a delicate acid-alkaline balance. Everything from healthy cells to cancer cells to soil quality and ocean life is affected by pH. The term pH stands for "potential hydrogen" which is the measure of hydrogen ions in a particular solution.

By far the most important measurement is your blood's pH, which must be slightly alkaline with a pH between 7.365 and

7.4 measurement. A basic understanding of how our bodies maintain an alkaline blood range is important for good health. Your body doesn't just "find" the balance, it works extremely hard to create it.

The **Alkalize** patch works with the body's energetic system to maintain pH balance. The frequencies from the patch are matched with your bodies' fluids and tissues to maintain the correct pH balance.

Top 3 Ways to Support pH Balance

1. Start your day with a tall glass of lemon water and stay hydrated. While lemons are acidic in their natural form, lemon water is alkaline-forming in the body. Staying hydrated is key for cleansing your system, boosting your energy, helping your immune system work at its best, and avoiding the accumulation of acid waste.

2. Eat more raw foods and drink green juices and smoothies. Organic green juice, green foods and green smoothies! As mentioned above, leafy greens, wheatgrass, veggies, sprouts, certain fruits, nuts and seeds, certain grains and seaweeds flood our bodies with vitamins, minerals, chlorophyll, phytonutrients, and oxygen.

3. Exercise, manage stress, sleep better, and avoid nasty chemicals and tobacco. It's not just diet that affects your pH. Lack of exercise and an overage of anger, drugs, tobacco, and stress can create inflammation and acidity in the body. Stress isn't a laughing matter or a badge of courage. The work-hard, play-hard, deal-with- it-later approach is a big pH no-no.